

## 10 DAY CRUISE. IN THE CENTRAL CYCLADES AND SOUTHERN PELOPONNESE.

### OPTION :- MEDIUM, SAILING EXPERIENCE

This is a route for more experienced sailors and will involve some distance sailing, as well as encounters with strong winds.

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#### DAY 1-

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Leave Athens and sail to Kea Island. The trip down the Attica coast is normally a reach with a final 15 miles to cross the open waters of the Kea channel. Here the wind will pick up and you will start to experience the beginnings of the Cyclades winds and seas. Along the way you will sail below the famous temple of Posidon who guards the entrance to the Cyclades. Sailing time about 5 hours (45 miles)

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#### DAY 2-

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Sail to Kithonos Island and the port of Loutra (17 Miles). This is an interesting short trip that can go north around the Top of Kea or go south and beat through the Kea Kithonos Channel. Once in Loutra a short walk and you can visit the ancient baths in Loutra swim and dive off the rocks around the village. Sailing Time about 3 hours ( 25 miles)

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#### DAY 3-

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Sail to Siros Island and the town of Finakas. This is a village due east from Loutra and often results in a good reach across the gulf in strong winds. Its only 25 miles but in a good breeze Koralia can cover this distance in 2 hours sometimes. From the village it's a short drive to the capital of the Cyclades and Siros. Sailing time about 3 hours. (30 Miles)

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#### DAY 4-

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Sail south to Paros Island. Paros is due south from Siros so it will be a downwind sail that is normally roly due to the waves. Once in Paros you will want to explore this huge island. Rent a moped and explore the island. Sailing time 4 hours (30 miles)

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#### DAY 5-

Sail from Paros to the island of Siphonos. This island has many coves and bays to explore, so depending on the weather you will anchor in one of these bays for the night. Sailing time about 4 hours (35Miles)..

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#### DAY 6-

Depending on the yacht location today you will passage across the southern Aegean to the Peloponnese Islands. An early departure and late arrival final port of arrival will be the village of Plaka. The village is situated below the towering mountains of the southern Peloponnese. A beautiful little harbour to rest after a long sea trip. Sailing time 10+hours (85 Miles)

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#### DAY 7-

Today a short sail to the island of Spetsai. This island still has an active wooden ship building industry and is well worth a visit. Sailing time 3 hours (25 miles)

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#### DAY 8-

From the Island of Spetsai a short afternoon sail to the village of Erimioni and ancient port for the local citrus crop in the valley. Sail to Erimioni from Spetsai Island sailing Time 3 hours (20 Miles)

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#### DAY 9-

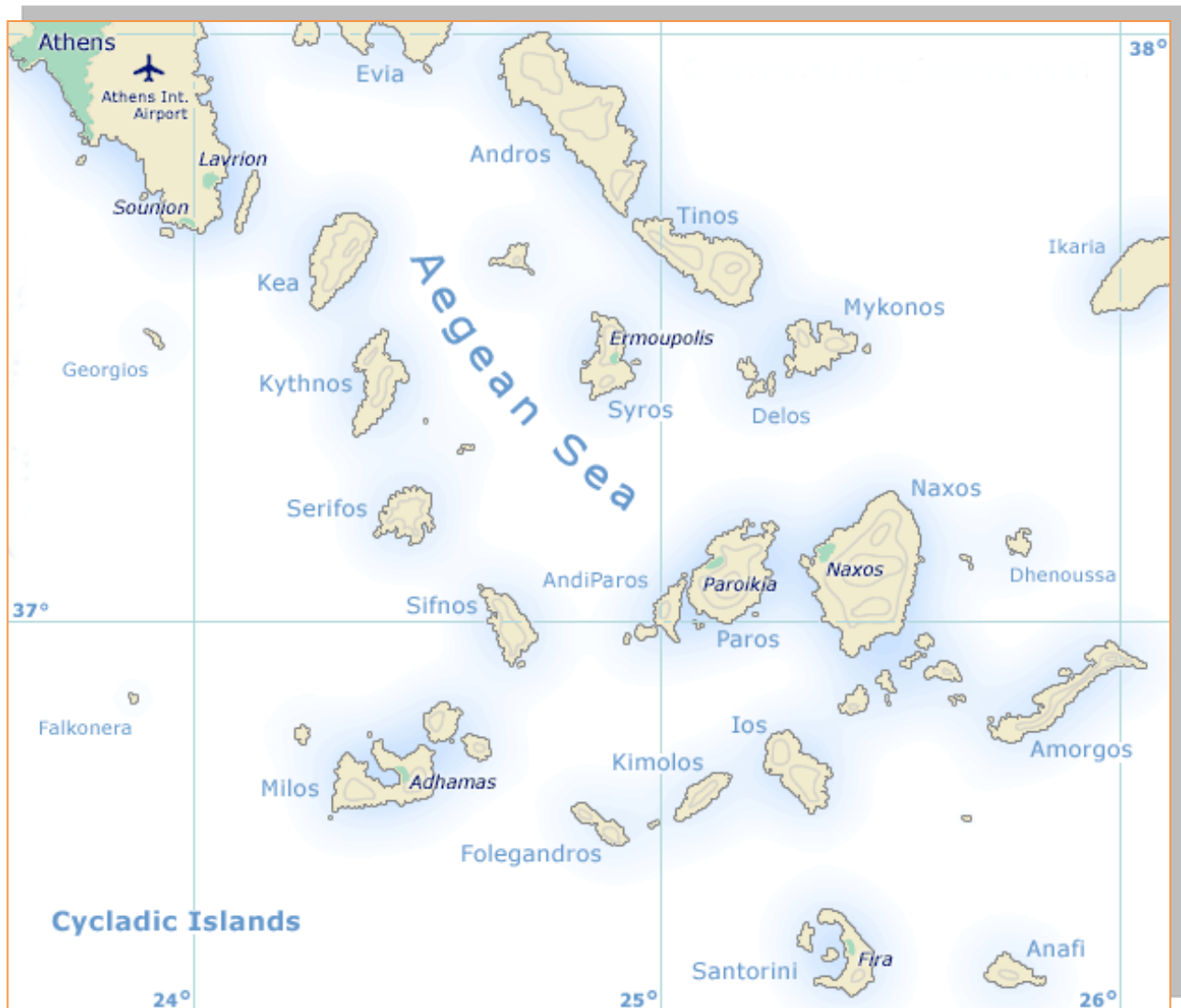
After a relaxing time in Erimioni an exciting tacking duel up the hydra channel awaits those that want to sail up this long skinny gulf against the wind. Sailing time 4 hours (30 miles)

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#### DAY 10-

Return to Athens from Poros Island. Sailing time 4.5 hours (30 Miles)



This is meant as a guide to spend 10 days cruising around the Western and Central Cyclades. It involves a lot of the basic elements of cruising and short distance sailing. As well as the opportunity to sail at night. One should expect to sail around 230-300 miles in the 10 days, bearing in mind the rest days on some of the islands.